

Arts on Prescription (AoP) in the Nordic countries / Kultur på resept i Norden

Place: Radisson Blu Airport Hotel, Oslo Gardermoen (walking distance from train station and airport)

Wednesday, March 26th

- 11.15-11.30: Registration
- 11.30-12.00: Lunch
- 12.00-12.10: Welcome and aim of the seminar by Marit Stranden, CEO Norwegian Resource Centre of Arts and Health

Arts on Prescription – research and practice

- 12.10-12.50: International research and experiences from Region Skåne by Anita Jensen, PhD. Arts and Health Strategist, Region Skåne/Lund University (presentation and questions)
- 12.50-13.20: Practical experience from Aalborg Municipality by Mikael Odder, AoP coordinator (presentation and questions)

Break

- 13.30-14.30: Workshop by Karsten Auerbach, Visual artist affiliated with the Psychiatric Outpatient Unit, Odense, Denmark

What are the benefits of taking AoP into a contemporary clinical psychiatric setting? What are the experiences of patients, psychiatrists, personnel, researchers - and the artist? And how can new artists be trained for the purpose?

This workshop also provides hands on experience with actual art-based activities.

Break

Arts on Prescription – from different stakeholders' perspectives

- 15.00-15.15: Referral experience by Eva Pulverer Marat, GP, Region Skåne
- 15.15-15.30: Referral experience by Amparo Ortega Rayo, psychologist, Region Skåne (digital)
- 15.30-15.50: Experience from the Interreg project Arts on Prescription in the Baltic Sea Region (2023-25) in Denmark, Poland, Latvia, Germany and Sweden by Ülla-Karin Nurm, director, The Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) Secretariat.
- 15.00-16.05: Political strategy to implement in a region by Anita Jensen
- 16.05-16.20: Questions to the presenters

Break

- 16.30 -17.30: Group discussions, presenters available for further questions, facilitated by Ülla-Karin Nurm
 - How do you see that AoP could work in your context and what is already in place?
 - Which opportunities and which barriers do you anticipate?
 - What are your next step to explore AoP ideas further and how can another project year support you?

Plan digital meetings to follow up on questions to evaluate further progress with AoP in your country.

- 17.30-17.50: Status and reflections from the national groups
 - Estonia
 - Lithuania
 - Greenland
 - Iceland

Norwegian regional groups continue reflections and present their status on day 2

- 17.50-18.00: Closing of day 1, thoughts of second project year by Marit Stranden

Break

- 19.00: Dinner

Thursday, March 27th

- 09.00-11.30: Seminar in Norwegian: Pilotprosjekt i kommuner 2025-2026? ved Anita Jensen og Marit Stranden

Status og refleksjoner fra kommunene og kulturaktørene.

Spørsmål og avklaringer for å ta Kultur på resept videre i din lokale kontekst.

- 11.30-12.30: Lunsj

The seminar is funded by the Norwegian Ministry of Health and Care Services by the program "Health cooperation in the Barents and the Northern Dimension".

The seminar is organised by Norwegian Resource Centre for Arts and Health, Norway, NDPHS Secretariat, Sweden and Region Skåne, Sweden.